

# Lox & Avocado Toast – Breakfast on the Run

Lox aren't just for cream cheese and bagels! How about adding it to toast with avocado? A healthy breakfast on the run or as a part of a great brunch! And it's SUPER simple!

# Avocado & Lox Toast



Instructions are for a single serving. Need to feed more – just multiply by how many people you are feeding! And you can adjust the quantities to suit your tastes!

**What you need:**

- 1 Sourdough bread
- $\frac{1}{4}$  avocado per serving
- 1  $\frac{1}{2}$  oz salmon Lox per serving

**How to Do it:**

Toast the bread. Mash the avocado and spread evenly over the toast.

Top with salmon



That's it!



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